

Referral to the Neurological Rehabilitation Program

If you think you would benefit from the Neurological Rehabilitation Program we will require a referral from your General Practitioner or treating Specialist.

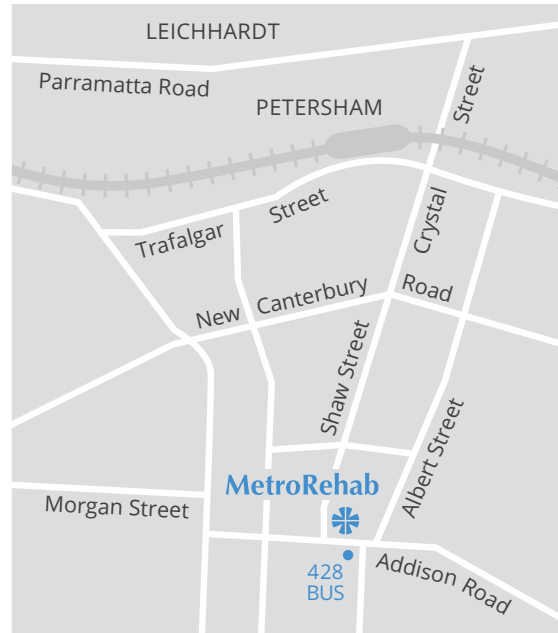
The Neurological Rehabilitation Program at MetroRehab Hospital can be provided in an inpatient setting. Referrals for inpatient admissions can be made from our website www.metrorehab.com.au or by calling the Rehabilitation Coordinator 0417 200 128.

Day Program referrals can also be made on our website www.metrorehab.com.au or by calling the Day Program Coordinator 02 8585 4914.

Once we receive a referral our Consultant Physicians may elect to assess you in our specialist 'NeuroRehab Clinic' to determine which Rehabilitation Program best suits your needs.

Fees and Charges

MetroRehab Hospital has established contracts with all major health insurers and the Department of Veterans' Affairs to minimise your costs. In most cases the fee is covered by the health insurer, however you should check with your fund if you have any additional charges specific to your health policy. We also cater for full fee paying patients who do not have private health insurance.



Free Parking: Available on-site and in nearby streets.

Public Transport: Bus route 428 Circular Quay to Canterbury via Petersham stops outside the hospital. The nearest train station is at Petersham which is a 15 minute walk from the hospital.

Information: Please contact the MetroRehab Hospital on 02 8585 4900 for more information on our Neurological Rehabilitation Program.



Excellence in Neurological Rehabilitation

275 Addison Road Petersham NSW 2049

P 02 8585 4900 **F** 02 9564 3064

www.metrorehab.com.au

Teaching Affiliations



Neurological Rehabilitation Program



Excellence in Neurological Rehabilitation

What neurological conditions do we treat?

The team at MetroRehab Hospital have experience treating neurological impairments resulting from a wide range of conditions:

- Stroke
- Acquired Brain Injuries
- Parkinson's Disease
- Multiple Sclerosis
- Motor Neurone Disease
- Spinal Cord Injury (mild to moderate)
- Brain/Spinal Surgery
- Peripheral Neurological Conditions
- Movement Disorders



What is the Neurological Rehabilitation Program?

The Neurological Rehabilitation Program is a specialised, multidisciplinary approach to therapy to facilitate recovery in those with neurological injury or illness. Rehabilitation at MetroRehab Hospital is based on current evidence and delivered at an intensity to achieve optimal results.

Our Neurological Rehabilitation Program supports you to:

- Regain independence
- Relearn skills such as walking, eating, dressing and how to communicate
- Optimise your function, now and into the future
- Improve your quality of life
- Understand and manage your condition

Comprehensive assessment by the team on admission to MetroRehab Hospital will allow us to tailor our program to address your specific impairments. Your expectations and aspirations will be integral to the planning process as you work towards recovery and increased independence. Regular team meetings and review of your achievements allows us to set realistic timeframes for discharge and coordinate your care.

Why choose MetroRehab Hospital for neurological rehabilitation?

- Our sole focus is rehabilitation and this is evidenced by the outcomes our patients achieve
- **Specialist 'NeuroRehab Clinic' on site** – Rehabilitation Medicine Physicians will assess your condition and plan your Rehabilitation Program
- **Parkinson's Disease (PD) Service** – review by a Rehabilitation Medicine Physician with an interest in PD; access to specialist programs such as PD Warrior circuit training and LSVT LOUD speech retraining
- **Spasticity Management** – specialised assessment and treatment by accredited doctors including Botulinum Toxin (Botox) injections; personalised multidisciplinary management programs including splinting and casting as required

- **A dedicated and highly skilled multidisciplinary rehabilitation team with neurological experience** – physiotherapy, occupational therapy, speech pathology, dietetics, psychology, music therapy and exercise physiology
- **State of the Art Rehabilitation equipment and technology:**
 - Litegait training – partial body weight support treadmill system for gait retraining
 - Bioness L300 – advanced functional electrical stimulation (FES) system to improve muscle activity in the leg when walking
 - Saebo – custom fabricated mechanical orthosis that allows incorporation of the affected arm into functional upper limb retraining
- **Stroke & Neuro Rehabilitation Services Coordinator** – an experienced clinician is on site to coordinate your Rehabilitation Program and provide you with education and support
- **Hydrotherapy** – gravity free movement in a warm therapeutic environment can be an effective component of a Neurological Rehabilitation Program allowing you freedom that you can't achieve on land.



We look forward to working with you and your family

For more information regarding admission to MetroRehab, please call us:

Rehabilitation Coordinator:	0417 200 128
Day Program Coordinator:	02 8585 4914
General Enquiries:	02 8585 4900