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# MetroRehab Hospital Preadmission Information



MetroRehab  
HOSPITAL

You have been referred to MetroRehab Hospital. Should you come to MetroRehab Hospital this information may assist you in preparing for your admission.

## What to Bring

- Comfortable, good fitting shoes with shoe laces or velcro fasteners, a low heel and soles that grip.
- Please do not bring scuffs, thongs and other loose fitting shoes - they can cause you to have a fall.
- Comfortable casual clothes to wear each day. Pyjamas are only to be worn at night.
- Night wear including a dressing gown.
- Swimming costume if you wish to participate in hydrotherapy.
- Toiletries and any other personal care items you may normally use. This includes tissues, continence pads and stoma bags.
- Any medication you are currently taking.

## Accommodation and Meals

MetroRehab Hospital always tries to accommodate patient requests for single rooms. If you request a single room and it is not available at time of admission we will attempt to accommodate your request as soon as possible.

MetroRehab Hospital prides itself on providing high quality meals. Should you have special dietary requirements please notify us the time of admission.

## Visiting Hours

Visiting hours are 3pm - 8pm weekdays and 12md-8pm weekends.

## Discharge Time

Discharge time is 10am. Please arrange for someone to take you home.

## Follow up Medical Appointments

If you have an external medical appointment booked during your rehabilitation stay you are required to notify us at the time of admission and arrange for a family member or friend to escort you on the day.

## Costs and Payments

Should you come to MetroRehab, we will notify you of any costs associated with your Health Fund such as co-payments or excess. Any co-payments or excess needs to be paid at time of admission to MetroRehab.

Self funded patients are required to pay one week in advance, with the first payment to be made prior to admission.

Following discharge you may receive a bill for pharmacy items, blood tests or X-rays should you require these while you are at MetroRehab.

Other costs that you may incur during your stay include laundry, telephone and newspaper delivery. The administration staff will inform you of these costs and all accounts need to be settled prior to discharge.

## Valuables and Personal Belongings

MetroRehab Hospital is unable to take responsibility for valuables or personal belongings.

We recommend that you send home any valuables, cash or personal belongings that you will not require.

Items such as dentures, splints, orthodontic plates, hearing aids, eye glasses, mobile phones and jewellery are your personal property and the hospital does not take responsibility the loss of such items. Whenever you are not using these items we recommend that you place them in your drawer and in a marked container.

## What if I have any other questions relating to my stay?

If you have any other questions relating to your stay, please do not hesitate to contact our Rehabilitation Coordinator on mobile: 0417 200 128.